

Pondering Worship
“Understanding Praise”
Psalm 134

Psalm 134 is the final song in a series of fifteen “Ascent Psalms.” Reciting these songs Pss. 120-134) as he approaches God, the worshiper finds himself in an attitude and posture of unrestrained praise. This progression of worship reveals a heart aching for heaven.

1. Praise as Worship (v.1a)

- **Definition**

- **Motives**

- **Benefits**

2. Privilege of Worship (v.1b)

- **Command**

- **Qualification**

3. Posture of Worship (v.2)

- **Shouting/Clapping/Bowing**

- **Raising Hands**
 - **Clean Hands**

 - **Consecrated Hands**

4. Promise of Worship (v.3)